

Ohio Race Walker  
3184 Summit Street  
Columbus, Ohio 43202

# OHIO RACEWALKER



VOLUME X, NUMBER 3

COLUMBUS, OHIO

MAY, 1974

## TITLES GALORE

Five National titles by the boards since we last came your way, and five separate titlists. In Senior races, John Knifton took the 25 Km, Larry Walker the 15, and Floyd Godwin the 10 and in Juniors it was Jim Bentley at 5 km and Jim Murchie at 25. In other big news, Peter Frenkel broke the world's record at 30 Km, Christoph Hohne walked the second fastest 50 km ever, and Shaul Ladany continues to shine at the ultra-long stuff. Lets look at those National Senior races first. Also Kannenberg! See p. 8. Also p. 14 for Sr. 20 Km Results. Knifton Takes Godwin at 25

Des Moines, Ia., April 28--After a race long head-to-head battle, John Knifton broke away from Floyd Godwin in the final 5Km to win the NAAU Senior 25Km Walk today. The race was contested over 9½ laps of an approximate 1.6 mile loop at Fort Des Moines. Knifton turned in an excellent 1:56:03 and after a very hot early pace it was a question of who would slow least in the final couple of laps.

At the start of the race, these two accompanied by Jerry Brown, Bob Henderson, and Augie Hirt immediately broke loose from the field. By about 2½ miles, Knifton, Godwin, and Brown were locked in a tight battle, with Henderson now about 20 seconds down and Hirt another 25 seconds in arrears. It was a 3-man race for the next 3 laps with Godwin 7 seconds behind with 4 laps to go. By that point, Henderson was 3 minutes back and Hirt 5. Brown had to give up the chase at that time and dropped 30 seconds the next lap as Godwin came back within 2 seconds with 3 laps to go. John managed to stretch that to 10 seconds on the next lap and gradually pulled away from there. Further back, Al Schrik made his usual late race rush passing two people in the last 2 miles for 6th place. The results:

1. John Knifton, NYAC 1:56:03 2. Floyd Godwin, Colo. TC 1:58:06 3. Jerry Brown, CTC 2:01:27 4. Bob Henderson, US Army 2:03:12 5. Augie Hirt, Columbia TC 2:05:55 6. Al Schrik, Columbia TC 2:14:54 7. Dave Eidahl, Iowa 2:15:57 8. Dale Paas, Colo. TC 2:18:20 9. Stan Smith, Iowa 2:20:10 10. Jim Breitenbacher, Columbia TC 2:20:55 11. Bob Woods, UCTC 2:21:43 12. Jim McFadden, Iowa 2:25:20 13. Roy Yarbrough, Coast Guard 2:27:03--Lance Herold, Plains TC DQ'd. Teams: Colorado TC--13, Columbia TC--21, Iowa--28.

## LARRY WALKER WINS TIGHT 15 KM

Fountain Valley, Calif., May 5--(from Bob Bowman)--At Miles Square Park, 29 walkers challenged each other over a 6-lap, 2500 meter loop course with the winner taking the Senior National title. The weather was near ideal, the course fairly flat except for a couple of short dips, and the

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FIRST CLASS MAIL





Competition very good as Larry Walker pulled away in the final 100 yards for a 4 second victory over fast-improving Carl Swift.

The field began to string out early in the race with only the three Striders, Walker, Swift, and Bouldin, together at 5 km. Bill Ranney, still in striking distance in fourth, apparently tripped and fell in the early stages and never seemed to regain form the rest of the race. Rudy Haluza, making one of his infrequent appearances of the year, showed good form while holding off his younger challenger, Steve DiBernardo, who continues to show vast improvement in his first season of serious competitive race walking.

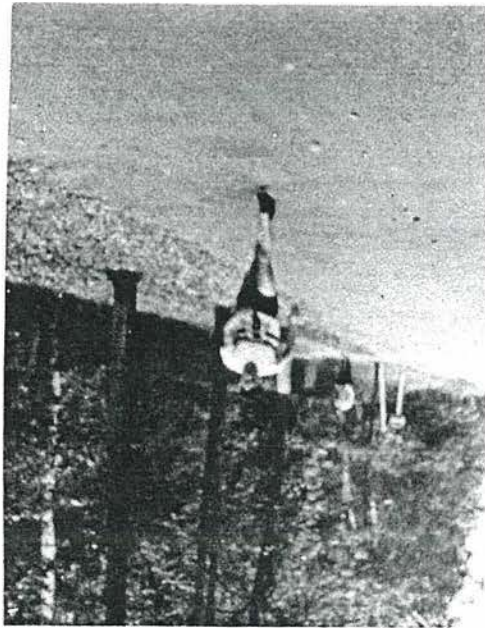
The race was still in doubt at 10km, the three Striders never more than 7 or 8 seconds apart. Larry seemed to make a move or two to separate himself from Swift and Bouldin on the fifth lap, but it wasn't until early in the last lap that the pace proved too much for Bouldin. It was now Walker and Swift stride for stride down to the wire, Larry only pulling clear in the final 100 yards. His 13:20 2 mile speed certainly proved the difference as he zipped the last 5Km in 22:36. Swift's final 5 was a personal best for him as he refused to give up. The results:

1. Larry Walker, Beverly Hills Striders A 1:10:08 (23:39, 47:32) 2. Carl Swift, BHS A 1:10:12.6 (23:28, 47:25) 3. Ed Bouldin, BHS A 1:11:42.1 (23:38, 47:28) 4. Bill Ranney, un. 1:13:14.6 (23:58, 48:07) 5. Rudy Haluza, BHS A 1:13:45.8 (24:18, 49:10) 6. Steve DiBernardo, BHS A 1:14:01.6 (24:38, 49:25) 7. Jim Bean, Oregon Col. of Educ. 1:15:38.6 8. Jerry Lansing, un. 1:16:05.6 9. Mike DeWitt, US Army 1:16:23.8 10. Hank Klein, UC Irvine 1:16:46 11. John Kelly, BHS B 1:18:17 12. Bryan Snazelle, un. 1:18:37 13. Byron Overton, BHS B 1:21:19.4 14. Mark Randle, BHS B 1:21:40.4 15. Roy Buchanan, Azusa-Pacific Col. 1:22:57 16. Manny Adriano, West Valley TC 1:24:37.6 17. Chris Clegg, BHS B 1:28:56.4 18. Hal McWilliams, BHS B 1:32:45 19. Leonard Burkhead, Sutter Jr. HS 1:35:43.6 20. Richard Casanova, un. 1:36:37.4 21. Irv Spector, BHS 1:39:07.4 22. Marty Lipstein, un. 1:42:44.6 23. Travis Veon, M. Milers 1:44:54 24. Mike Slates, MM 1:51:45.8 25. Joe Lyons, MM 1:51:50 26. James Cross, un. 1:56:50.6 27. Bert Denning, Seniors TC 2:04:50.8--DNF: Don Denoon (51:17 at 10km) and Carl Warrell. Teams: Beverly Hills Striders A--6, BHS B--38, M. Milers--72

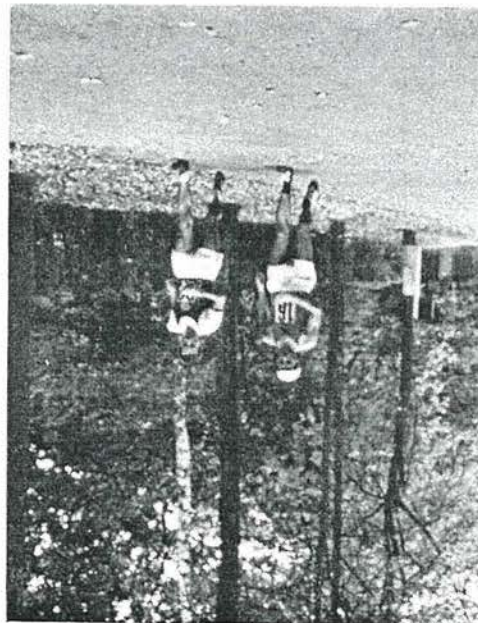
#### GODWIN WAY OUT FRONT IN 10 KM

Chicago, May 25--A lot of people may be sorry they didn't invest in a trip to Chicago when they read these results. Not that Floyd Godwin wasn't tough as he blistered a 45:42.2 without competition. But after that, it was the slowest National 10 in many, many years. Looking at the 18 starters, it was obvious that we could expect a two-man race for first between Floyd and Bob Henderson and a wide open battle for the other spots. However, Bob had just flown in from Germany and was feeling the effects of that and a lot of other travel lately and never got in the race, struggling home second in 49:06.

Godwin and Henderson broke clear at the start, with only Dale Paas and Mike DeWitt staying at all close. Behind them, Jim Breitenbucher, Bob Woods, Jack Mortland, and Al Schrik were having a cozy race. Shortly after 2 miles, Godwin was a half lap out on Henderson and had lapped the rest of the field as he went through in about 14:20. DeWitt and Paas



In the same Bad Saarow race, another 50-km great, Great Britain's Don Thompson, walked his last serious race, using his unique style to capture sixth Medalist. (Photo by Mortland)



East Germany's Chris Hohne, for many years the world's top-ranking 50-km man, recently walked a 3:52 and is apparently ready to offer Bernd Kannenberg a serious challenge to regain that spot. Hohne is seen on Cup 50 at Bad Saarow, E.G. Walking with him his Alexander Tschernbina, USSR, who finished third. (Photo by Mortland)





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In the same Bad Saarow race, another 50-km great, Great Britain's Don Thompson, walked his last serious race, using his unique style to capture sixth. Thompson was the 1960 Olympic Gold Medalist. (Photo by Mortland)

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were having a real struggle for the third spot and your trusty editor had some how broken loose from his group into fifth. And then, at 3½ miles, he some how got around DeWitt and Paas into third (to be lapped for the second time by Godwin a couple of laps later). From there on in, I just managed to stay ahead of a struggling DeWitt (who proved himself a much better walker the next day in the Zinn 10Km) for a totally unexpected third place. About 1 minute slower and 7 places higher than I expected to be in going to the race.

Meanwhile, Al Schrik got past Dale Paas in the final mile to take fifth and me teammate Jack Hlackburn, off his twice-a-week training, won a big race with Paul Schell, vacationing from the East, and Bob Woods for the seventh spot. No team title, as the Ohio Track Club and Lakeshore Olympians were the only ones with three starters and both had a man DQ'd. Our DQ was Good Ol' Stu (Nestor by name) who was in his first big race and got a little carried away lasting only a couple of laps. Came back and looked good the next day, however.

The race probably indicates how we are overchampionshiped. With the 20 only a week away not many people were inclined to come to this one. As a result, I have what I consider the first cheap National medal of my career. Not to slight those I beat, but there is no way a 51:02 should take third in a Senior title race. This was my 12th National 10 and the first time I failed to break 50, but I have finished lower than five or six of those races and down to seventh a couple of times. Well, anyway, the results:

1. Floyd Godwin, Colo. TC 45:42.2 2. Bob Henderson, US Army 49:06 3. Jack Mortland, OTC 51:02 4. Mike DeWitt 51:06 5. Al Schrik, Columbia TC 51:35 6. Dale Paas, Colorado TC 51:52 7. Jack Hlackburn, OTC 52:34 8. Paul Schell, N. Medford Club 52:52 9. Bob Woods, UCTC 52:57 10. Jim Breitenbucher, Columbia TC 53:40 11. John VandenBrandt, Lakeshore Olympians, n.t. 12. O'Brien, Green & Gold AC, n.t. 13. Mark Treger, G&G, n.t. 14. Art McLendon, UCTC, n.t. DQ'd: Bill Walker, Motor City Striders (on last lap), Larry Larson, Lakeshore, John Cassani, MCS, and Stu Nestor, OTC.

#### Junior 5Km to Jim Bentley

Portland, Ore., May 12--Jim Bentley, Jr. added another Junior title in the National 5 Km today covering the distance in 24:28.8. With the race held on a loop of just over 1 km in Delta Park, the 18-year-old Jim and his 16-year-old brother, Brad, took an immediate lead over Mark Randle and Bob Rosencrantz. At the end of the first lap, Jim was 17 seconds in front, with Randle having taken over second at about 880 yards. By the end of 3 laps, Bentley was 30 seconds ahead and Brad Bentley was clear of Rosencrantz and closing on Randle. Jim maintained his lead on the final lap and, although closing a little more, Brad Bentley could not catch Randle. Staying close to Rosencrantz all the way, was Jeff Reynolds, a weight man at E. Oregon State College, who showed a lot of power and determination. The four Bentleys, competing for the Sierra Race Walkers, captured the team title. The field was diminished somewhat by an earlier AAU announcement that the first four would qualify for a US-Canada Jr. walk in September, but would lose future Junior Olympic eligibility. The Canadian meet was cancelled a week before this race but not in time to get word to all of those who might have competed. The results: 1. Jim Bentley SRW 24:28.8 2. Mark Randle, Bev. Hills Striders 24:58 3. Brad Bentley, SRW 25:20 4. Bob Rosencrantz, U. of Wash. 25:45 5. Jeff Reynolds, 26:01 6. Scott Massinger, Beaverton HS 26:54 7. John McCabe, Lewis & Clark Col. 28:13 8. Greg Bentley (11), SRW 32:24 9. Steve Bentley (9), SRW 35:39.

#### MURCHIE OVERWHELMS JUNIOR 25 FIELD

East Meadow, N.Y., May 26 (from Gary Westerfield)--Sixteen-year-old Jim Murchie easily won the NAAU Jr. 25 Km Walk today covering the 10 laps in an excellent 2:11:12. Murchie is showing that hard work pays off. Under the tutoring of Bruce MacDonald and approximately 80 miles per week of speed and distance training, Murchie easily wiped out a good junior field. (Heck, he can beat most of the seniors around here!)

Murchie and Bob Rosencrantz, in all the way from Washington, were together for the first lap and that was all. After that, Murchie had to do a workout alone. At one point, he complained of being bored. I suggested he keep tally of how many good looking girls he walked into.

Rosencrantz really slowed down the last 10 km. He was quickly passed by Kings Point plebe, Mike Dulke (18) who after three months of walking shows very good promise. Dennis Slattery of Tony Medeiros' Boys Club in Lowell was actually ahead of Dulke at 5 km, so I guess he passed Rosencrantz first.

Slattery and Dulke stayed close for the first 15 km and then Dulke pulled away. Rosencrantz who also had been passed by Keith Ryan of the Lowell club recovered over the last 5 km to move back into third as Slattery fell off the pace. Ryan was also unable to match his last 5 km. The Lowell Boys Club was impressive in their style and determination. Mike Regan is only 13 years old! His style of walking was excellent, which I am sure accounts for his ability to go through 20 Km under 2 hrs.

One point that I think should be raised about junior races is that they should be held after high school track season. We could have had ten more athletes from Long Island in the race, except that they are in the middle of their interscholastic season. And the results:

1. J. Murchie, LIAC 2:11:12 (5 km splits of 26:18, 25:59, 26:18, 26:18, and 26:19, which should be some sort of record for even pacing) 2. Mike Dulke, USMMA 2:17:03.6 (26:56, 53:52, 1:21:12, 1:49:18) 3. Bob Rosencrantz, U. of Washington 2:24:04.6 (26:50, 56:15, 1:26:37, 1:55:35) 4. Dennis Slattery, Lowell Boys Club 2:24:59 (26:42, 53:57, 1:21:56, 1:53:04) 5. Keith Ryan, LBC 2:25:38 (28:38, 57:50, 1:26:04, 1:55:25) 6. Tom Asbury, USMMA 2:29:12.6 (28:22, 57:27, 1:27:03, 1:57:26) 7. Mike Regan, LBC 2:32:36 8. James Regan, LBC 2:40:08 9. Ben Kopysciansky, LIAC 2:40:11 10. Bill Hinglemann, USMMA 2:42:11.4 11. Mark Mendell, Liac 2:42:34.2 12. Bill Miller, USMMA 2:45:47 13. Bill Martin, Shore AC 2:52:49.6 14. Howard Silberstein, LIAC 3:01:12 (3 did not finish) Teams: Lowell Boys Club--16, US Merchant Marine Academy--18, Long Island AC--21.

#### LADANY WINS 2-DAY LE TOUR DU VAR IN FRANCE

Toulon, France, April 27-28--Shaul Ladany continued his prodigious distance feats winning both legs of a two-day race here to easily take first place overall. The first days leg covered 98 Km and Shaul came home in 9:41:27, nearly 9 minutes ahead of Luxembourg's veteran walker Charlie Sowa. After 12 hours rest, he tackled an 85 Km leg and won it in 8:05:06, with Robert Rinckard of Belgium, who apparently had sandbagged it the day before, less than 5 minutes back. Sowa was third to easily capture second overall. Thus Shaul covered about 114 miles over the two days in 17:46:33. All this not long after his 100 and 75 Km titles here and with no special preparation since he received a telegram inviting him only 2 days before the race. He has now won 100 Km, 75 Km, and 50 Km in France.

to the Strasbourg-to-Paris 525 Km this month but at last report was still undecided about going. In a recent letter he said that when extended the invitation immediately after this 2-day orgy he replied that "although every long-distance walker is a nut, I am still not such a big nut as to start this race." But in his letter, he went on, "However, I said it at the end of the race when I still had aching muscles, etc, and you have probably noticed from my walking history that I have a short memory." Results of the Tour du Var:

98 Km, April 27--1. Shaul Ladary, Israel 9:41:27 2. Charles Sowa, Lux. 9:50:27 3. Robert Schoukens, Belgium 10:07:19 4. Colin Young, GB 10:18:15 5. Robert Rinchard, Bel. 1:22:20 6. Emiel Alomaine, Bel., Jossie Simon, Lux, Begma, Lux, and Villers, Fr. 10:54:25. 85Km, April 28--1. Ladary 8:05:06 2. Rinchard 8:09:52 3. Sowa 8:15:44 4. Young 8:42:04 5. Schoukens 8:45:27 6. Simon and Alomaine 9:13:35 (Schoukens, Rinchard, and Simon are former Paris-to-Strasbourg winners). Final Result: 1. Ladary 17:46:33 2. Sowa 18:06:11 3. Rinchard 18:32:12 4. Schoukens 18:52:46 5. Young 19:00:19 6. Simon and Alomaine 20:08 (13 of over 30 starters finished the full course)

#### FRENKEL AND HOHNE SHINE

Those two great East German veterans, Peter Frenkel and Christoph Hohne have turned in sparkling performances recently. First, on April 14, Frenkel bettered countryman Karl-Heinz Stadtmuller's world's 30 Km record by 24 seconds with a 2:14:21.2 on the track in Berlin. Stadtmuller failed to finish the race. Then on May 1 in Naumburg, Hohne, who appeared to be on the way down a couple of years ago and was even reportedly retired, blitzed a 3:52:52.8 for 50 Km on an oft-used course that is apparently quite accurate. After a seemingly too fast first 10 km of 46:44, Hohne slowed slightly to 46:50 on his next 10, and then really got into it, closing with 46:34, 46:31, and 46:13.8. Peter Selzer, only 38 seconds down at the half-way mark was left some 7 minutes in his wake by the finish and Gerhard Weidner, holder of the World Record was over 12 minutes behind. A Hohne-Kannenbergrace this year would be most interesting and should come about in the European Track Championships. Results of these two races:

30 Km (track), Berlin, April 14--1. Peter Frenkel, EG 2:14:21.2 (World Record) (44:12, 1:06:11, 1:28:10, 1:51:02) 2. Chris Hohne, EG 2:16:14.6 3. Dieter Hennig, EG 2:30:00  
50 Km, Naumburg, E.G., May 1--1. Christoph Hohne 3:52:52.8 (46:44, 1:33:34, 2:20:08, 3:06:39) 2. Peter Selzer, EG 3:59:56.6 (47:17, 1:34:10, 2:21:34, 3:09:55) 3. Winfried Skotnicki, EG 4:03:06.4 (47:17, 1:34:31, 2:23:29, 3:13:59) 4. Gerhard Weidner, WG 4:05:34.6 (46:44, 1:33:35, 2:22:42, 3:14:28) 5. Karlis Apalja, USSR 4:06:24.8 6. Nikolai Turinzev, USSR 4:06:32.6 7. Matthias Kroel EG 4:10:07 8. Orjan Andersson, Swed. 4:22:43.6 9. Joachim Krausse, EG 4:22:56 10. Yevgeniy Morgov, USSR 4:23:54.4 11. Horst Siegeris, EG 4:25:52 12. Joseph Sabo, Czech. 4:30:26.8 13. Roy Thorpe, GB 4:34:23.4

#### OTHER RESULTS FROM AROUND THE COUNTRY AND WORLD:

12 Mile, Lowell, Mass., April 14--1. Keith Ryan 2:01:36 (handicap) 2. Tony Medeiros 2:02:24 3. Mike Regan 2:17:07 4. Dennis Slattery 1:59:39 5. Fred Brown Sr. 2:33:49 5.5 Mile, Lowell, April 17--1. Mike Regan 52:07 2. Keith Ryan 49:43 3. Sig Podlozny 59:50 4. Fred Brown Sr. 59:54 5. Dennis Slattery 47:15 6. Steve Rehman 59:11 13.2 Mile, Lowell, April 21 (Handicap)--1. Mike Regan 2:24:52 2. Fred Brown Sr. 2:47:12 3. Dennis Slattery 2:20:28 4. Tony Medeiros 2:23:31 5. Sig Podlozny 3:03:17 5.5 Mile Hdcap, Lowell, April 24--1. Steve Rehman 48:39 2. Sig Podlozny 60:27 3. Fred Brown Sr. 60:33 4. Keith Ryan 49:53 5. Mike Regan 51:41 6. Tony Medeiros 52:37 15 Mile, Cambridge, April 27--1. Francis Maher 2:19:12 2. Keith Ryan 2:32:35 3. Tony Medeiros 2:35:50 4. Steve Rehman 2:37:20 5. Mike Regan 2:42:36 6. Fred Brown 3:08:11

5.5 Mile, Lowell, May 1--(handicap)--1. Steve Rehman 48:10 2. Fred Brown Sr. 59:19 3. Keith Ryan 48:50 4. Mike Regan 51:14 5. Paul Schell 46:38 6. Jim Regan 53:48 7. Dennis Slattery 48:33 8. Tony Medeiros 53:50 5 Mile Hdcap, Cambridge, May 3--1. Fred Brown Sr. 54:22 2. Francis Maher 41:28 3. George Lattarulo 50:03 4. Steve Rehman 43:04 5. Sig Podlozny 55:27 6. Paul Schell 42:29 (A good handicap as only 1:37 separated the 6 at the finish) Girl's 1 Mile, New York, May 18--1. Debby Naybor, Port Washington 8:32 2. Kathy Murphy, Pt. Wash. 10:02 10 Mile Hdcap, Westbury N.Y., April 28--1. Debbie Naybor, Pt. Wash. HS 1:41:45 2. Mike Dragonetti Uniondale HS 1:48:25 3. Mark Dulke, USMMA 1:29:06 4. Mark Mendell, Queens Col. 1:41:43 5. Dr. William Omeltchenko (Yay Bill) 1:41:43 6. JoAnn Shimu (14), Pt. Wash. HS 1:36:44 7. John Markon, LIAC 1:26:55 8. Howard Davenport, USMMA 1:48:06 9. Anthony Silger, Marist Col. 1:31:10 10. Howard Jacobsen, LIAC 1:29:40 11. Gene Gerolami, Bethpage HS 1:46:59 12. Howie Silberstein, Nesaquake Jr. HS and Ben Kopsyscianski, Uniondale HS 1:50:22 and 1:40:22 15. Bill Hungelmann, USMMA 1:34:43 16. Gary Westerfield, LIAC 1:21:05.2 (the handicap obviously did not favor the scratch men) 17. Dr. John Shilling, NYPC 1:28:32 18. Don Johnson, Shore AC 1:31:22 19. Jim Murchie, Port Wash. HS 1:25:40 20. Pete Warren, NYPC 1:35:59 21. Fred Spector, Shore AC 1:43:45 22. Maurice Lentzer, Bruce TC 2:02:29 Collegiate Track Conference 2 Mile, Long Island, May 4--1. Dave Semar, Fairfield U. 15:58.9 2. Mike Dulke, Kings Point 16:35.4 3. Bill Hungelmann, Kings Point 17:06 4. M. Davinport, Kings Point 19:14.7 5. Cosgrief, Kings Point 20:37.4--Anthony Wilger the defender from Marist College finished first but got the heave as did Mark Mendell of Queens College 15 Km, Westbury, N.Y., May 19--1. Ron Daniel, NYAC 1:13:05 2. Gary Westerfield, LIAC 1:13:18 (a 40 second pit stop by Daniel made the finish interesting) 3. Jim Murchie 1:13:22 4. Shaul Ladary, LIAC 1:18:04 5. Mike Dulke, USMMA 1:19:01 6. Dr. John Shilling, NYPC 1:20:33 7. Larry Newman, LIAC 1:21:04 8. Howard Jacobsen, LIAC 1:23:14 9. Pete Warren, NYPC 1:25:14 10. Tom Ambury, USMMA 1:26:24 11. Joe Carson, Maria Regina HS 1:27:20 12. JoAnn Shimu, Pt. Wash. HS 1:29:54 13. Debbie Naybor, Pt. Wash. HS 1:31:06 14. Bill Miller, USMMA 1:41:10 15. Howard Silberstein, Nesaquake Jr. HS 1:45:25 16. Mark Mendell, Queens Col. 1:45:26 10 Mile, Seaside Heights, N.J., May 5--1. Ron Daniel 1:18:04 2. Dave Romansky 1:19:36 3. John Fredericks 1:19:54 4. Ron Kulik 1:23:00 5. Bob Mimm 1:26:14 6. Jack Blackburn 1:26:36 (the starkest people show up at these races) 7. Don Johnson 1:29:48 8. Pete Warren 1:34:26 9. Roger Barr 1:35:04 10. Fred Spector 1:36:14 11. Bob Carlson 1:36:15 12. Steve McMenamin 1:39:16 13. Marcus Boatwright 1:40:29 14. Bill Farnkopf 1:40:46 15. Randy Mimm 1:41:02 (40 finishers) 10 Mile, Browns Mills N.J., May 12--Shore AC 101, Penn AC 110, the Shore AC regains the Little Brown Jug--1. Dave Romansky, S 1:22:27 2. Randy Mimm, P 1:33:35 3. Bob Mimm, P 1:35:40 4. Steve McMenamin, P 1:41:30 5. Alex Turner, S 1:44:01 6. Bob Carlson, S 1:45:37 (10 scorers for each team. Four Penn AC walkers started 5 minutes late and had they started on time and posted their same time, Penn would have won 104-108) Eastern AAU Masters 1 Mile, West Long Branch, May 19--1. Bob Mimm 8:16.4 2. Don Johnson 8:19 (1st over 50) 3. Elliott Derman 8:46.9 4. George Braceland 8:49.8 (2nd over 50) 5. Alan Wood 9:03

#### GODWIN CAPTURES ZINN 10 DAY AFTER NATIONAL 10

Chicago, May 26--Many of the same walkers were back from the previous days National 10 for the 9th Annual Ron Zinn Memorial 10 Km in Riis Park. And most found the rolling 3/4 mile plus loop on the sidewalks easier than the



the track, or so the times would indicate. Floyd Godwin was again unopposed and stormed through a 44:30. Mike DeWitt, unhappy with his race the day before, also went off by himself, although well back of Floyd, and turned in an excellent 48:54. In a titanic struggle for third, following a very friendly 4-lap conversation, your editor blitzed the last lap in 6 minutes to escape from Al Schrik and feel very heroic, only to find that Al didn't realize it was the final lap and was making no real effort to match strides. Bob Woods walked very well in fifth but just held off Motor City newcomer John Cassani, who looks like a very good prospect. And Jack Blackburn, stiff, sore, undertrained, and feeling very old, still managed to come close to his time of the day before and pulled clear of Paul Schell on the final lap in doing so. And our newcomer, Stu Nestor (better known as Good Ol'), cleaned up his form and turned in his best time to date. Results:

1. Floyd Godwin 44:30 2. Mike DeWitt 48:54 3. Jack Mortland 50:26 4. Al Schrik 50:39 5. Bob Woods 51:43 6. John Cassani 51:47 7. Dale Paas 51:59 8. Larry Larson 52:26 (the only man to contest all 9 Zinns) 9. Jim Breitenbucher 52:36 10. Jack Blackburn 52:52 11. Paul Schell 53:14 12. John Vandenbrandt 53:36 13. Bill Walker 54:23 14. Stu Nestor 55:31 15. Dennis Courter 57:40 16. O'Brien 57:53 17. Dean Kamin 60:52 18. Mark Treger 62:51 19. Thatcher 65:45 20. Kevin Georgehegan 65:58 21. Art McLendon 66:39

FLASH!!! Big News in today's mail from Ron Laird in far off Germany. A

#### WORLD 20 KM RECORD BY KANNENBERG (Also 30 Km)

Hamburg, May 25--Walking on the track in the West German-Great Britain dual race walking match, Bernd Kannenberg lapped the field three times and established a new world record of 1:24:45. In the second race of the afternoon, Gerhard Weidner followed suit with a 20 Mile World Record of 2:30:38.6, a great feat, but not up to that of Kannenberg since the time is quite inferior to the 30 Km record. Led by these two performances West Germany easily won the match, 28-18 despite some very good results from the British. First the results of the races, and then Ron's account together with some other news from over there.

20 Km (4 p.m.)--1. Bernd Kannenberg, WG 1:24:45 WR (21:15, 42:09.6, 63:18) (also 33:17 at 5 miles, 68:00.4 at 10, and 14,241 meters in an hour, the latter two also world bests.) 2. Heniz Mayr, WG 1:30:59.4 (23:00, 45:36, 68:24) 3. Roger Mills, GB 1:31:24.2 (23:00, 45:24, 68:25) 4. Olly Flynn GB 1:32:15.8 (22:24, 45:25, 68:22) 5. Peter Marlow, GB 1:32:28.8 (23:00, 45:28, 68:26) 6. Tony Taylor 1:34:21.2 (23:08, 46:38, 70:15) 7. Manfred Kolvenbach, WG 1:34:21.4 (23:20, 46:38, 70:21) Siegfried Richter, WG DQ 20 Mile (6 p.m.)--1. Gerhard Weidner, WG 2:30:38.6 WR (23:04.8, 46:00, 1:08:59.8, 1:32:09.8, 1:55:48, 2:19:55.2--5 km splits, 74:03 at 10 miles) 2. Heinrich Schubert, WG 2:33:33.8 (23:32, 47:05, 1:11:06, 1:35:06, 1:58:52, 2:23:07) 3. John Warhurst, GB 2:34:25.4 (23:32, 47:20, 1:11:00, 1:36:27, 2:00:10, 2:24:22) 4. Roy Thorpe, GB 2:35:44 (23:32, 47:03, 1:10:59, 1:34:47, 1:59:08, 2:24:18) 5. Amos Seddon, GB 2:37:35.4 6. Mike Holmes, GB 2:42:01.4 7. Leo Frey, WG 2:44:55.6 8. Hans Michalski, WG 2:47:33--West German won both by 13-9 making the final 26-18, not 28 as above. Ron's report.

Kannenberg was away at the gun with Olly Flynn trying to hang on for about 5 laps before he let go and fell back with the mortal ones. Kannenberg was very smooth and economic as he flowed around the very hard asphalt track. The weather was cool (about 45), overcast, and fairly windy

for all of the 20 km. I thought that the strong winds might squash any record attempts plus the fact that his coach, Jurgen Kraemer said Bernd was only going after the win and no record. I didn't think he would either after his 2hr and 30 km efforts 3 weeks earlier. (Ed. Oh Wow! This issue is really messed up. Laird refers to a World Record race at Kassel on May 11, which I just noticed in my most recent Track Newsletter, canceling the Frenkel performance reported on page 6. Things are happening too fast. Since we have already interrupted this account, in that one he had 2:12:58 with a 1:28:08.6 20 Km and World Record of 16M 1517yds for 2 Hrs enroute.) It's hard to realize his extreme speed because he is so strong and fluid. He had nearly double lapped the field at 10 km as they battled among themselves in the normal ways we are all familiar with. When we learned of his 42:09 at 10 km, we knew he was definitely out to erase the last of the DDR records from the book. He looked the same from start to finish, their being no signs of extreme fatigue though you could see he was pushing the pace all the way. The rest of the field appeared to be struggling and going much slower than they actually were even though their times were excellent. I was enthusiastic for Kannenberg's effort and gave him much encouragement each time around. He came over and thanked me for this a few minutes after his finish. Richter was DQ'd about 50 yards from the finish and would have had about a 1:31:15. He didn't look that bad to me.

In the 20 mile, Weidner pulled slowly away after 2 laps. His was also a solo effort as none tried to stay with him at the start or as he later lapped them. All were moving very well as you can see by the 5 Km splits. Neither Kannenberg or Weidner are tall men. They do not rely on a long stride but a very fast one which appears to be of normal length for their physical structure. Both use their arms forcefully and economically. Neither are thin men but rather on the muscular side. Kannenberg was once a German district champion at wrestling and weight lifting his coach told me. Weidner was struggling in the last half hour but maintained good leg speed and form. Warhurst blasted the last mile to really open up on Thorpe who had just beaten him out of a National 30 Km record. There wasn't much wind for this race.

Later that night they had a banquet for all plus prizes (dishes with scenes of Hamburg painted on them. The next day, Weidner won the Northern German 20 Km road championship from a field of about 80 in 1:34. Roy Thorpe was allowed to race and came in second in 1:36. I took Mills and Taylor to a volkslauf in a small town about one hour north of here that same day. We all went in three races and won three great medals. The English lads were very pleased at this and loved the course which was mostly forest paths. We ran, race walked, and strolled 10.8 km for a total of 32.4 km. Their time for the race walk was 50:03 and mine 50:38. I've been doing as many of these things as I can which is usually 2 to 3 per week. Bring home at least 2 medals per trip. It's a great change of pace to do these and I'm quite sold on them.

That evening, my twin brother and I took most the English team on a tour of the infamous Reeperbahn. We ended up at the live sex show. A good time was had by all. Mills told of an English vs DDR track and field match coming up in June which will have a track 20 Km event in it. He expects Frenkel and Reimann to try and get their record back. Also learned that Golubnichiy is back at hard training with other Russians up in the mountains.

Back to results: Wis. AAU Indoor 1 Mile, March 23--1. Jim Heiring, UW-Parkside 7:19.3 2. Larry Larson, Lakeshore Olympians 7:32.8 3. Ken Babcock, UW-Milwaukee 8:36.6 4. Mike Stridde, un. 9:53.4 2 Mile (Indoor), Menomonie, Wis., March 30--1. Fred Kuhn, UW-Stout 16:01.2 2. Mark Pflueger UW-River Falls 16:01.4 3 Mile, Racine, Wis., Feb. 23--1. Mike DeWitt, US Army 23:27 2. Jim Heiring 23:35.8 3. Larry Larson 25:44 4. Bill Mochalski, Carthage Col. 26:10 2 Mile, Madison, Feb. 23--1. Jim Heiring 15:17.8 2. Mike DeWitt 15:22.1 3. Bob Woods 16:30.2 4. Larry Larson 16:38.9 5. Jeff DeMatthew 16:51 6. John VanDenBrandt 17:19.5 6 Mile, Kenosha, Wis., April 20--1. Jim Heiring 48:12 2. Fred Kuhn 51:22 3. Larry Larson 51:34 4. John Dick 57:09 2 Mile, River Falls, Wis., April 23--1. Fred Kuhn 16:04.6 2. Mark Pflueger 16:14.3 3. John Moody 18:47.2 4. Fritz Raedeke 19:02.6 2 Mile, Kenosha, April 27--1. Jim Heiring 15:13.4 6 Mile Kenosha, May 4--1. Jim Heiring 47:55 (finished 10 km in 49:45) 2. Larry Larson 50:52 (52:29.2) 3. Ken Babcock 52:17 3 Mile, Whitewater, Wis., May 7--1. Jim Heiring 23:22 2. Larry Larson 24:09.8 H.S. 1 Mile, West Allis, Wis., May 10--1. John VanDenBrandt, Appleton East 7:45 2. Mike O'Malley, West Allis Hale 8:07.6 3. Jim Migach, Hamilton 8:19.7 4. Steve Thielsen, Hamilton 8:20.1 5. Nick Jelich, West Allis Hale 8:27.7 6. Eric Rockafeld, Muskego 8:30.9 7. Dave Winek, Wauwatosa West 8:32.7 20 Km, Columbia, Mo., May--1. Augie Hirt 1:49:50 2. Jim Breitenbucher 1:55:18 3. Leonard Eusen 1:57:20 4. Dave Leuthold 2:07:00 5. Rob Spier 2:09:13 6. Albert Vandyke 2:19:05 12 Mile, Columbia, May 18--1. Augie Hirt 1:43:28 2. Dave Leuthold 2:03:05 3. Rob Spier 2:07:52 Walk-Run Pentathlon, Columbia, April 27--1. Stan Smith (16:53 for 2 MW, 2:10 for 880 run, 7:47 for Mile Walk, 10:24 for 2 Mile run, 25.7 for 220) Rocky Mountain AAU 20 Km, Boulder, May 10 (track)--1. Floyd Godwin 1:37:23.8 (23:29, 46:53, 70:17, 94:14 for 3 Mile splits) 2. Mike DeWitt 1:46:14.4 3. Dale Paas 1:53:31 4. Pete VanArsdale 2:00:29.9 5. Bob Carlson 2:07:44 6. George Lundmark 2:08:18 (Jerry Brown out at 3 miles in 23:29. 20-25 mph winds with gusts to 45.) Women's 10 Km, same place--1. Martha Iverson 60:43.3 10 Km, Brookfield, May 4--1. Floyd Godwin 45:32.5 2. Chuck Hunter 56:47.5 3. Pete VanArsdale 56:48.5 4. Bob Carlson 58:21 Women's 5 Km, same place--1. Martha Iverson 28:25.3 2. Ingrid Martin 31:30 2 Mile, Los Angeles, April 6--1. Bob Henderson, US Army 14:33.5 2. Ed Bouldin, Striders 14:54.2 3. Mike DeWitt, US Army 15:24.8 4. Mark Randle, Striders 16:36.2 5. John Tarin, US Army 18:10 6. Andres Rodriguez un. 19:18 Women's 5 Km, Encino, Cal., April 20--1. Diana Dimnick, San Jose Cindergals 27:53.6 2. Jaydee Falkens, S. Bay Striders 30:41.4 3. April Hickey Blue Angels 32:48.8 10 Km, Encino, Apr 20--1. Larry Walker, Striders 47:20 2. Carl Swift, Azusa-Pacific Col. 47:30 3. Bob Henderson 48:13 4. Ed Bouldin 49:09 5. Steve DiBernardo, Striders 49:09.2 6. Wayne Glusker, WVIC 49:35 7. Bob Hickey, LA Pol. Dep. 51:24 8. Jerry Lansing, un. 52:53 9. Mike DeWitt 54:20 10. Roy Buchanan 54:29 (1st race) 11. Mark Randle 54:37 12. John Walker 57:25 13. Carl Warrell 57:53 14. Bob Bellinoff 60:30 Vets. 10 Km, same place--1. John Kelly 51:24 2. Hal McWilliams 60:30 10 Km, MtSac Relays, Walnut, Cal., April 27--1. Pedro Aroche, Mexico 47:36.2 2. Ed Bouldin 47:36 3. Carl Swift 47:58 4. Rudy Haluza 49:00 5. Steve DiBernardo 49:19 6. Adrian Navarro, Mex. 49:57.4 7. Jerry Lansing 49:59.8 8. Wayne Glusker 50:56 9. Mike DeWitt 52:02.8 10. John Kelly 53:25.8 11. Carl Warrell 58:06 12. Hank Klein 58:42 13. Richard Quist 58:55 14. Hal McWilliams 58:53 15. Bob Bellinoff 65:44.8 5 Km, Same place, 6 hrs later--1. Aroche 21:57.8 (6:51, 14:02, 21:13.4) 2. Larry Walker 22:03.2 (6:51, 14:08, 21:18) 3. Ed Bouldin 23:50.6 4. Steve DiBernardo 23:54 5. Adrian Nav-

arro 24:12.4 6. Bob Hickey 24:29.6 7. Mike DeWitt 24:50.4 8. Mark Randle 25:55.8 DIFF: Don DeNoon (6:56, 15:00), Tom Dooley (7:15) Women's 5 Km, same place--1. Sue Brodock, Rialto Roadrunners 26:00.2 (American record--7:56, 16:30, 25:10.8) 2. Linda Brodock 27:35.8 3. Diane Dimnick 27:56.6 4. Becky Villaluyo 28:45.6 5. Cindy Johnson 28:58.4 6. Cindy Arbelbide, nt 7. Terri Teegarden, nt 8. Joyce Brodock 29:51.2 9. Jessica Mankow 29:53.2 10. Sheila Thompson 30:35 11. Jaydee Falkens 30:51 5 Mile Hdep, Los Angeles, May 11 (actual times shown)--1. Ray Parker 45:2. Carl Warrell 46:06 3. John Kelly 40:23 4. Richard Quist 47:57 5. Hal McWilliams 48:58 6. Len Burkhead 56:57 7. Joe Wehrly 58:17 8. Bob Long 57:19 9. Irv Spector 60:13 10. Marty Lipstein 60:25 5 Km, Barker sfield, May 18--1. Larry Walker 21:46.4 2. Jerry Lansing 22:51 3. Steve DiBernardo 23:02 4. Wayne Glusker 23:15.6 5. Manny Adriano 23:40 6. Hank Klein 23:49.6 7. Mark Randle 23:52.2 8. James Bentley 26:15 Women's 5 Km, Compton, Cal., May 5--1. Sue Brodock 26:25.8 2. Esther Marquez 28:10 3. Linda Brodock 28:32.2 4. Cindy Arbelbide 28:38 5. Sheila Thompson 29:02.2 6. Cindy Johnson 29:55 7. Jane Janousek 31:06 8. Jill Steiner 33:34.6 Girl's 2 Mile (age 12-13), same place--1. Becky Villalazo 18:34.2 2. Karlene Waskow 18:56.4 3. Jessica Waskow 20:10.4 4. Andrea Johnson 22:50.4 10 Km, Mornmouth, Ore., April 27--1. Jim Bean 49:07.2 2. Rob Frank 50:09 3. John Othus 52:30 4. Bob Korn 53:14 NAIA District 2 10 Km, Salem, Ore., May 18--1. Jim Bean, Ore. Col. of Educ. 49:11.4 2. Rob Frank, OGE 50:39.6 3. Jeff Reynolds, EOSC 52:53 4. Wilt Jackson, Lewis & Clark 53:59.4 5. John Othus, CE 56:00.2 6. John McCabe, I&C 56:15.8 5 Mile, Brantford, Ont., May 4--1. Roman Olszewski 39:04.2 2. Pat Farrelly 40:42.4 3. Glenn Sweazy 41:23 4. Max Gould 41:47.4 5. Geoff Banner 45:07.2 Ontario 50 Km, Etobicoke, May 12--1. Pat Farrelly 4:58:29 2. Alex Oakley 5:02:05 3. Karl Merschensch 5:06:10 4. Steve King 5:25:29 5. Max Gould 5:44:41 5 Mile, Toronto, May 26--1. Jackie Lord, England 36:42.7 2. Alex Oakley 37:59 3. Roman Olszewski 38:35 4. Karl Merschensch 40:41 5. Glenn Sweazy 41:11 6. Max Gould 41:17 7. Harold Hoffman 47:56 8. Frank Mancini 50:46 (old course record 36:58 by Frank Johnson)

OVERSEAS:  
20 Km, Frankfurt, WG, May 5--1. Bernd Kannenberg 1:29:44 2. Vittorio Visini, Italy 1:30:20 3. Heinz Mayr 1:33:27.8 4. Hans Michalski 1:33:5. BOB HENDERSON, USA 1:33:58 6. Manfred Kolvenbach 1:34:07 7. Julius Muller 1:34:12 8. Alfons Schwarz 1:36:30.2 9. Lucien Faber 1:36:32.6 10. Bernhard Schmidt 1:36:46.4....21. Mike Allen, USA 1:39:59.6 Women's 20 Km, Hamburg, April 21--1. Heike Penner 1:59:07.6 Women's 3 Km, Adelaide, Australia, March 3--1. Lillian Harpur 14:21 2. Anne Pembroke 14:50.9 20 Km, Copenhagen, May 12--1. Stefan Tzukev, Bulgaria 1:29:54. 2. Eugenius Semerdjev, Bul. 1:30:23.6 10 Km (track), East Berlin, April 14--1. Mieczyslaw Gorski, Pol. 43:44.2 20 Km, Naumburg, EG., May 1--1. Karl-Heinz Stadtmuller 1:26:59.8 2. Siegfried Zscheigner 1:27:00.6 3. Peter Frenkel 1:27:49 4. Armando Zamboldo, Italy 1:28:41.8 5. Stef Muller 1:29:23 6. Mikhail Alesayev, USSR 1:29:50 7. Horwig Gauder 1:30:06 8. Dietmar Hennig 1:31:48.6 9. Heinz Mayr, WG 1:31:54.6 10. Feleiks Sliwinski, Pol. 1:32:06.4 11. Jean Claude Decosse, Fr. 1:32:13 12. Ron Wallwork, GB 1:32:35.6 20 Km, Russe, Bulg., April 20--1. Stefan Tzukev 1:30:03 2. Constantin Staicu, Rum. 1:30:08 3. Nicolae Maxim, R 1:30:15 4. Tanase Brandt, Rum. 1:30:17 5. Leonida Caraisifoglu, Rum. 1:31:51 6. Jan Ornock, Pol. 1:32:16 7. A. Karaygeorgos, Greece 1:32:16 8. Y. Fakiolas, Gr. 1:32:24 3 Km, Geneva, Feb. 26--1. Vittorio Visini, Italy 12:03 (World's Best ever) 30 Km, Milan, Italy, May 1--1. Bernd Kannenberg 2:30:34.8 2. Vittoria Visini 2:31:15.8....9. John Knifton,



2:36:37.6 29. Ron Daniel, USA 30 Km (track), Dieppe, Fr., April 13--1. Gerard Lelievre 2:27:19.8 30 Km (track), St. Guen, Fr., April 28--1. Didier David 2:26:05 2. Jean Peirre Garcia 2:26:53.4 3. Alain Moulinet 2:28:56.4 4. Jean Claude Decosse 2:29:48 20 Km, Akja, Hung. April 21--1. Sandor Forian 1:28:11 20 Km, Gdansk, Pol., April 21--1. Feliks Sliwinski 1:28:01.2 50 Km, same place--1. Jerzy Pater 4:12:31 20 Km, Rauhheim, WG, March 31--1. Gerhard Weidner 1:32:27 German Southern Regional 20 Km, May--1. Leo Frey 1:40:00.....5. Mike Allen 1:42:08 20 Km, Selangor, Malaysia, April 28--1. Khoo Chong Beng 1:48:47.2 2. M.V. Ragavan 1:48:49 3. G. Kandazamy 1:51:35 Women's 5 Km, same place--1. K. Kamala 30:29.6 British 10 Km, London, March 30--1. Peter Marlow 44:58.4 2. Brian Adams 45:51 3. Shaun Lightman 46:30 4. Amos Seddon 46:55 5. Mike Holmes 47:08 6. Jacky Lord 47:41 7. Ron Wallwork 48:19 20 Mile, Enfield, Eng., April 20--1. Shaun Lightman 2:39:21 3 Km, London April 17--1. Roger Mills 12:40.6  
RACE SCHEDULE

Sat. June 8--Iowa AAU 5 Km, Grinnell, 9 a.m. (A)  
SPA AU 5 Km, Redlands, Cal. (B)  
5 Miles, Cambridge, Mass., 3 p.m. (T)  
Met. AAU 2 Mile, New York (Q)  
Sun. June 9--2 Mile Hdcp, Beverly Hills, Cal. (B)  
Walkers Club of America 30 Km, Westbury, NY 10 a.m. (R)  
Tue. June 11--LIAC Meet Of Champions and Met AAU 10 Km, C.W. Post Col. (R)  
Wed. June 12--5 Miles, Lowell, Mass., 6 p.m. (T)  
Sat. June 15--NAAU JUNIOR 10 KM, GAINSEVILLE, FLA.  
5 Miles, Cambridge, Mass., 3 p.m. (T)  
2 Miles, Etobicoke, Ont. (E)  
Wed. June 19--5 Miles, Lowell, Mass. 6 p.m. (T)  
Sat. June 22--Conn. Masters 1 Mile (N)  
NAAU SENIOR 5 KM, LOS ANGELES (B)  
Wis. AAU 3 Km, Milwaukee (S)  
Sun. June 23--10 Km, Aldenville, Mass., 2 p.m. (T)  
WOMEN'S NAAU 5 KM AND GIRLS 3 KM, LOS ANGELES (P)  
Mon. June 24--5 Km, Kenosha, Wis. (S)  
Wed. June 26--5 Miles, Lowell, Mass., 6 p.m. (T)  
Sat. June 29--All-American 20 Km, Sharon, Pa., 10 a.m. (K)  
5 Miles, Cambridge, Mass., 3 p.m. (T)  
Iowa Veteran's 5 Km, Newton, 7 a.m. (A)  
Iowa Women's 3 Km, same place  
Thu. July 4--5 Mile, or 10 Km, Bridgeport, Conn., 10 a.m. (U)  
Sat. July 6--3 Miles, Columbia, Mo., 9 a.m. (D)  
Wed. July 10--NAAU MASTER'S 35 KM, MONTANA (F)  
Sat. July 13--15 Km, Kenosha, Wis. (S)  
Iowa 1 Hour, Ankeny, 8 a.m. (A)  
Sun. July 14--WCA 20 Km and 2.5 Mile Development, Westbury, NY, 9:30 (R)  
20 Km, Midland, Ont. (E)  
Sat. July 20--NAAU SENIOR B 30 KM, KEOKUK, IOWA (Free housing available for early entries) (O)  
Sun. July 21--NATIONAL DOUBLEHENDER--JUNIOR AND B 1 HOUR, WEST LONG BRANCH, N.J. (G)  
20 Km, 2.5 Mile Novice, Westbury, NY, 9 a.m. (R)  
1 Hour, UCLA Track, Los Angeles, 10 a.m. (B)

Sat. July 27--20 Km, Columbia, Mo., 6:30 p.m. (D)  
20 Km, Kenosha, Wis. (S)  
Iowa AAU 15 Km, Medford, 6:30 p.m. (A)  
RMAAU 30 Km, Broomfield, Colo. (H)  
Sun. July 28--20 Km Sr. and 10 Km Jr., Etobicoke, Ont. (E)  
Sun. Aug. 4--NAAU SENIOR AND B 40 KM, LONG BRANCH, N.J. (G)

## Key to Race Contacts:

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F--Larry O'Neil,  
G--Elliott Denman, 28 N. Locust, West Long Branch, N.J.  
H--Floyd Godwin, 935 Ash St., Broomfield, Colo. 80020  
K--Jim Johnson, 410 Measbi St., Sharon, Pa. 16146  
N--Jack Boitano, 40 McLeod Place, Stratford, Conn. 06497  
O--Jim Breitenbucher, 1311 Concert St., San Pedro, Cal. 90731  
P--Bob Whitman, 972 W. 14th St., San Pedro, Cal. 90731  
R--Gary Westerfield, 36 Norman Drive, Centereach, N.Y. 11720  
S--Mike DeWitt, 1760 Birch Rd., Apt. 104, Kenosha, Wis. 53140  
T--Fred Brown Sr., 157 Walsh St., Medford, Mass. 02155

## FROM HEEL TO TOE

This issue has to have set a record for the most pages of race accounts and results and has left little room for anything else...As noted briefly elsewhere in this issue, the Women's and Men's matches with Canada are at least temporarily off because of a problem with expense money...For the Women's tour to Sweden (details last month) a manager/coach and a chaperone are needed, at their own expense. The chaperone must be a woman. Applications for these positions can be sent to Bruce MacDonald, 39 Fairview Ave., Port Washington, N.Y. 11050 but he must have them by June 10, which won't leave much time by the time you get this. Approximate dates for the trip are Aug. 10-28....The All-American 20 Km in Sharon on June 29 (see schedule) sounds like a gala affair. The race is part of Sharon's centennial celebration and they are going all out for the walk, according to Jim Johnson. A huge crowd to cheer you on, great prizes, huge dinner afterwards, free rides, parades, etc....Augie Hirt's time in the Iowa 50 Km was 4:40:01, not 4:48:01 as reported in the ORW...Runner's World will be publishing a book on race walking in January. It will provide advice on style, training methods, race strategy, and injury prevention. 52 pages illustrated for \$1.50 from Runner's World, Box 366, Mountain View, Cal. 94040....There was a suggestion in this column last month that we provide Bruce Kidd's address in order that walkers may thank him for his efforts on our behalf as regards the Olympics. The address is: Mr. Bruce Kidd, Assistant Professor, University of Toronto, School of Physical and Health Education, 121 St. Joseph Street, Toronto, Ontario M5S 1A1, Canada.... Latest report on the Committee for Retention of Olympic Walking from Steve Hayden is that they now have impressive stationery printed and will be getting letters out this week to all the nations known to have active race walkers urging their participation in this important effort. They also will have an article, prepared by Gary Westerfield, in the NY Times in the near future...Jim Bentley has received a full athletic scholarship to Eastern New Mexico University to continue his race walking. Although a few others have received some aid, this is believed to be the first full athletic scholarship ever given to a race walker...An encouraging note for the editor from Suzanne Burley, "Please renew my husband's



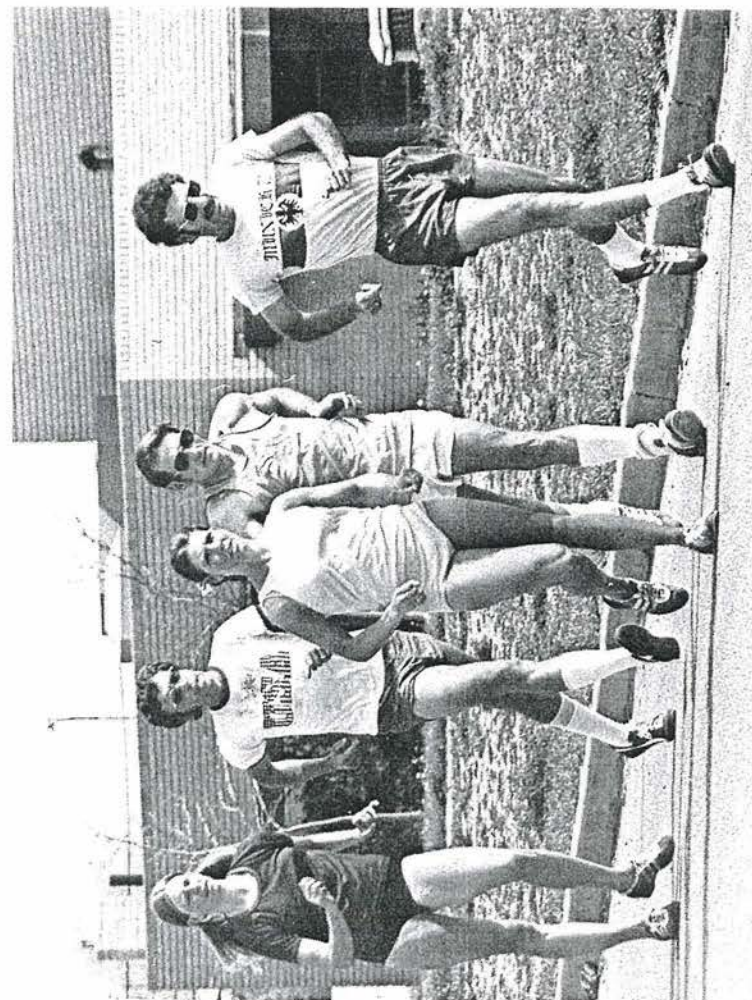
subscription—he likes ORW better than Playboy. Walkers are strange people." Strange indeed. But at least he apparently reads Playboy... Bob Bowman reports on the new team scoring rule: "Unfortunately, although I recorded the new rule changes in the official minutes, I can't shed much light on the apparently confusing wording in the new team scoring rule. Even though I didn't remember it that way, now that I read Rule RW-1, 11(a), I must agree with Mr. Silcock's interpretation of the rule. That is: All finishers count in the scoring. I would like to see the individual (unattached) entries eliminated from the scoring, but until legislation changes the rule as presently stated, we have no choice but to score each championship that way. I would also like to bring Rule RW-1, 11(c) to everyone's attention: In case of a tie on points, the team whose last scoring member finished nearest to first place shall be the winning team. This is a departure from the old rule which awarded the first place to the team whose first scoring member finished nearest to the first place." Gee, that seems stupid, too....No Looking Back this time, partly because of space and partly because we had a combined May-June issue back in 1969 and we can pick it all up next month.

#### JERRY BROWN TOPS 20 KM FIELD

This has to be the most up to date ORW in history, providing I don't run into any printing snags now. Just off the phone wires are results of today's Senior MAU 20 Km and with great luck I'll have this in the mail Tuesday morning; average luck Wednesday morning; no luck sometime later. Anyway, the first 10 were:

1. Jerry Brown, Colorado TC 1:33:33.4 2. Floyd Godwin, Colo. TC 1:35:10 3. John Knifton, NYAC 1:35:45 4. Ron Daniel, NYAC 1:36:46 5. Bob Henderson, US Army 1:37:15 6. Roman Olszewski, Canada 1:38:45 7. Gary Westerfield, LIAC 1:39:31 8. Howie Palamarchuk 1:40:05 9. Jim Murchie, LIAC 1:40:23 10. Wayne Glusker, WVTC 1:41:35....44 starters, cool, rainy weather. Dave Romanaky was about 50 yards back of Jerry at the finish but got the old heave. Among non-finishers were England's Jack Lord and Steve Hayden. Team score: 1. NYAC—18 2. Colorado TC—24 3. Long Island AC—34 4. Nort Medford Club—46. Full results and all the good details next month.

Ohio Race Walker, 3184 Summit St., Columbus, O. 43222 \$3.00/yr.



The start of the Rocky Mountain AAU 10-Km Championship shows internationalist Floyd Godwin already on his way to victory. Others, left to right, are Martha Iverson; Pete Van Arsdale, just back from his year in the jungles of New Guinea; Ingrid Martin; and 100-mile specialist, Chuck Hunter.